An updated CD1 form is going to be available for use from Monday 14th May. We have listened to your feedback and have made the prescribing of anticipatory medications much easier. We have also improved the quality of the information and tools available to you. This will support end of life patients in Lincolnshire getting the right symptom management at the right time, reducing distress and improving care.

 Changes to the CD1 form (2018) include:

* Changing the location of the PRN medications table to the top of the form.
* Addition of recommended initial prescribing information.  It will need adjusting for patients on regular opioids or syringe drivers.
* Commonly used PRN medications are completed for you on the form.
* There is a basic 'recipe' recommended in the Lincolnshire symptom control guidelines.
* It can be changed to reflect your local preferences or individualised to patient wishes or needs.
* Alfentanil has been included for patients in severe renal failure and who do not tolerate other opioids. There is guidance for those unfamiliar with this medication.
* A reduction in time between doses, with a safety net to suggest seeking advice for a patient requiring repeated doses.

The CD1 form (2018) is available to be used in different ways.

* The CD1 forms can continue to be completed by hand.
* There is an electronic version for SystmOne or EMIS.
  + The active form is in the patient home and can be updated there by hand. (Completed forms saved electronically are not the active forms but may be helpful to OOH, 111 etc)
  + The form still needs to be printed on yellow (or gold) paper. This makes it stand out from the mountains of paperwork in the patient’s home.

Please note that there will be an overlap of approximately 6 months where both forms will be acceptable for use. The CD1 form (2018) should be used for new forms/when rewriting and updating existing forms for clinical or safety reasons (e.g. legibility). You should not be asked to rewrite it if the existing form is still appropriate for that patient.

Other supporting documents will include:

* A palliative care formulary for SystmOne with detailed instructions on the drug label plus instructions for uploading the formulary (We are also working to do this for EMIS).
* A version of the form that will allow auto-population of patient demographics, date and name of prescriber.
* Guidance to support the use of alfentanil.
* Lincolnshire Guidelines: Symptom Management in Adult Palliative and End of Life Care
* Links will appear on the EPaCCS template

The formulary and versions for SystmOne and EMIS are currently being tested and will be shared soon.

All documents will be included online at <http://www.eolc.co.uk/professional/lincolnshire-specific-resources-and-documents/> . This will be expanded over the coming weeks as the additional tools are finalised.

Please contact your local community Macmillan nurse or Dr Kat Collett, Palliative Medicine Consultant for St Barnabas and ULHT if you have any questions [kat.collett@stbarnabashospice.co.uk]. Feedback will be gratefully received.

Thanks to Dr Kieran Sharrock and the LMC for supporting this project.

Dr Kat Collett

Palliative Medicine Consultant

On behalf of the Anticipatory Prescribing task and finish group.

10.5.18.