

Dear Colleagues

Wessex LMCs News Update from the Team. . .

Wessex LMCs Intro. . .

Many of you will have already heard of the tragic circumstances surrounding the death of Dr Gail Milligan, a GP Partner in the Camberley Health Centre, who was found dead last week. Her husband has said that her work in the surgery had become overwhelming, particularly during the pandemic, and that her family are in no doubt of the toll that it took on her health. Our sincerest condolences go to Dr Milligan's family, friends, and colleagues. She was clearly hugely loved and respected.

Dr Milligan's husband has urged us all to stop and think. And we must. Take time to look after yourself and check in with your colleagues. General practice can sometimes be a lonely place and it is easy for individuals to become increasingly isolated while trying to manage the ever-increasing workload.

The pressure on general practice is immense and unsustainable. We deserve to work in a system that allows us to deliver safe care to our patients – and that also protects our own health and wellbeing. We are clear at Wessex LMCs that our core business is to support and represent you. We seek to do this in many ways but this week, we would simply like to remind you of our support offers which are available to individuals as well as the wider practice. For more details, please go to www.wessexlmcs.com/support or if you would prefer to speak to one of the team directly, call the LMC office on 02380 253874 or email office@wessexlmcs.org.uk

The BMA offers [free and confidential 24/7 counselling and peer support services](#) open to all doctors and medical students (regardless of BMA membership), plus their partners and dependents, on 0330 123 1245. There is always someone you can talk to.

[NHS Practitioner Health](#) is a free, confidential NHS primary care mental health service with expertise in treating health and care professionals and has a dedicated 24-hour text crisis support available to all doctors in England.

Staff mental health and wellbeing hubs have been set up to provide health and social care colleagues rapid access to assessment and local evidence-based mental health services and support where needed. The hub offer is confidential and free of charge for all health and social care staff. [NHS England » Staff mental health and wellbeing hubs](#)



BSW - [BSW Wellbeing - Avon and Wiltshire Mental Health Partnership NHS Trust \(awp.nhs.uk\)](#)

Dorset - [The ICS staff wellbeing service – Here For Each Other \(joinourdorset.nhs.uk\)](#) Here For Each Other is supporting GP Practices and other primary care staff and teams across Dorset to look after their wellbeing while prioritising others. Staff can access support on the [website](#) or from the Enhanced Wellbeing Hub via

an [online referral](#) or by calling 01202 130130 (Mon-Fri, 08:00 – 16:00).

Hants & IOW - [HLOW Staff Support Hub](#)

North East Hants - [Here for you Surrey and Borders Partnership NHS Foundation Trust \(hereforyoursurreyneh.nhs.uk\)](#)

For team leaders and teams: Looking After Your Team launched in January 2021, and is available to those who lead, manage or organise a team or group in primary care. This offer is centred around compassionate and collaborative team leadership, helping leaders and managers to explore team topics and clarify their thinking. One practice manager said: “I found it really useful and motivating and we shared some amazing ideas to reconnect my team after being in emergency mode for so long during the pandemic. [NHS England » Looking after your team](#)

“You can do anything, but not everything.” David Allen

The Wessex LMCs Team

Access to Health Records Act (AHRA)

As outlined in the updated general practice contractual arrangements for 22/23, from 1 August 2022, the management of applications made under the Access to Health Records Act 1990 (AHRA) for deceased patient records has changed. The patients last registered GP as the holder of the record is responsible for responding to access requests under AHRA. If a GP requires a copy of the deceased patient record that is held by Primary Care Support England (PCSE) to support an AHRA request, please refer to [PCSE Guidance](#).

PCSE have also published some information on this topic as follows:-

Access to a deceased patient's record or access to a Health Record

In line with recent GP contractual changes made by NHS England, GP Practices are no longer required to print off digitised records and send them to PCSE after the death of an individual. However, PCSE will still continue to collect any legacy paper Lloyd George records.

As of Monday 1 August 2022, GP practices are required to respond to Access to Health Records Act (AHRA) requests for deceased patients and action accordingly.

Please refer to PCSE [FAQs](#) for further information

GP Connect and Summary Care Record Additional Information – a reminder

The temporary changes made to GP Connect and Summary Care Record Additional Information in response to the COVID-19 pandemic have continued beyond the end of the Control of Patient Information (COPI) Notice.

General Practices have the legal basis to continue to provide and use these vital services under the UK General Data Protection Regulation (UK GDPR) and the Common Law Duty of Confidentiality.

Please ensure all mentions of COPI have been removed from your privacy or transparency notices. [GP Connect](#) and [SCR](#) notices are available to follow or link to from your organisation notices.

Improvement to Suspended Patient Records

From Monday 8 August practices will receive the EHR (Electronic Health Record) of suspended patients via GP2GP at registration, reducing the amount of time you spend on administration at summarisation.

You will still receive the Lloyd George Record and a printed version of the EHR from Primary Care Support (PCS) and you should continue to print records for patients removed from your lists without a new registration according to your usual processes.

All EHRs received by GP2GP must be manually integrated or filed within eight days or GP2GP will assume an error has occurred and the practice sending the record will be asked to print it and send it to you via PCS. [Find out more about these changes on FutureNHS](#)

KO41b Primary Care Complaints 2021/22 Collection

The NHS has a statutory responsibility to collect information on patient complaints so trends can be identified and to demonstrate a responsive service to patient feedback. It is a statutory and contractual requirement for primary care providers to declare brief details of complaints associated with their NHS care by submitting a KO41b return.

The [KO41b Primary Care Complaints 2021/22 collection](#) will be made live to general and dental practices from 1 August 2022. The collection system can be accessed through [NHS Digital's Strategic Data Collection Service \(SDCS\) portal for general practices](#)

Submissions will be collected through web-based data capture systems. There are no changes to the data items being collected this year, however, some in-built validations have been made to the general practice return aimed at improving data input. The collection will be live for six weeks and closes on 11 September. Practices will be contacted with instructions on how to access the collection portals

NHS Pension Rate Changes

NHS Pension member contribution rate changes come in force on 1st October 2022. NHS Employers have created this [handy poster](#) with the previous and new rates on, that you might find use. You can read more about these changes on the NHS Employers [website](#) and raise awareness amongst your practice staff with this [key messages poster](#)

Wessex Education & Events

Wessex LMCs Annual Conference: Re-connecting – Listening – Influencing the Future of General Practice

We are delighted to offer you the chance to attend our Annual Conference - so much has changed since our last face to face conference. . .

As we move on from the pandemic, we are faced with the introduction of Integrated Care Systems which have now replaced CCGs. The five-year GP Contract Framework concludes at the end of March 2024 and the BMA is set to begin negotiations around what our new contract will look like. This is against a backdrop of a workload and workforce crisis.

Our Conference is a chance to reconnect with colleagues, understand what the LMC is doing for you, explore what Integrated Care Systems and the Fuller Report mean for General Practice and your opportunity to question and feedback to the BMA General Practitioners Committee Executive around the issues and potential solutions that you see are key for the future of General Practice in Wessex. The afternoon will comprise a choice of workshops covering areas such as: Wellbeing, Pensions, Online Patient Access, PCNs, Premises, GP Contract.



We do hope that you can join us – a copy of the [draft agenda](#) is attached for your information

Tuesday 8 November 2022 09:00 – 16:30

Wessex LMCs Members £45pp

Book Online: <https://www.wessexlmcs.com/events/13501>

Top Haematology Tips for Primary Care

Tuesday 4th October 2022 09:30 – 11:30

Wessex LMCs members: £30pp

Book online: <https://www.wessexlmcs.com/events/13967>

Local Haematologists Dr Marianna Koperdanova and Dr Noel Ryman will be covering relevant haematology topics for GPs and Advanced Practitioners in Primary Care. This virtual session will be interactive with plenty of time to ask questions so you can clarify what will change in your practice as a result of attending.

Topics covered in the 2-hour session will include:

- Immunoglobulins
- MGUS
- Myeloma
- Thrombocytosis
- Splenomegaly
- Anaemia
- What monitoring we can do in Primary Care
- Where to find more support for patients



We will be recording this session and it will be available to purchase afterwards [here](#)

Young People's Choices around Alcohol

Thursday 13 October 2022 14:30 – 16:00

Wessex LMC Members £20pp

Book Online: <https://www.wessexlmcs.com/events/14111>

This session will be relevant to anyone who supports young people in Primary Care, especially Social Prescribers. The session looks at young people's choices around alcohol, particularly those aged 11 – 24 years. The session will also bust some myths, look at how alcohol affects young people, the law, and staying safe. All Alcohol Education Trust's sessions have a strong emphasis on games, activities and social norms, the sessions are fun, interactive and engaging. This session would be suitable for allocation of time towards to your Safeguarding training requirements.



Please note this webinar is not being recorded

Basic Life Support, AED & Anaphylaxis for all staff

Wednesday 14 September 2022 13:00 – 14:30

Wessex LMCs members £35pp

Book Online: <https://www.wessexlmcs.com/events/12597>

This Virtual session is designed to ensure all staff maintain their clinical skills in respect of Basic Life Support (BLS), Cardio Pulmonary Resuscitation (CPR), Automatic External Defibrillation (AED) and the treatment of Anaphylactic reactions that may occur in the healthcare environment

Please note this webinar is not being recorded



Regards

The LMC Team

Follow us on social media:



[Twitter](#)

@WessexLMCs



[Facebook](#)

@WessexLMCS



[Instagram](#)

@Wessex LMC