

Be the Best You

Date Thursday, 11 July 2019

Time 09:00-17:00

Venue The Oxfordshire Hotel
Rycote Lane
Milton Common
Thame OX9 2PU

Fees RCGP Member FREE
Non Member £295

happy[®]
Serious learning



Book online at:

tinyurl.com/y7os75aq

Do you need help in unlocking your true potential and playing to your strengths? Are you struggling to achieve all that you are and can be? Do you want to raise your performance and confidence levels? Then this is the conference for you! Empower yourself to be more confident and less stressed whilst improving your professional and working relationships and managing your time more effectively.

Topics Include:

- Creating a happy workplace
- Assertiveness
- Emotional intelligence
- Communication styles
- Active listening

Workshops on:

- Successful Time Management
- Effective Coaching Skills
- Dealing with Difficult Situations

Facilitator

This course is run in partnership with [Happy Ltd](#), an award winning Learning and Development organisation. They provide training and learning experiences in a wide range of topics and a wide range of methods. Their philosophy is based on several key beliefs around work, managing learning and everything in-between.

This course is suitable for GPs at all stages of their career.

Venue

"Very informative and engaging—highly recommend"
"I learnt a lot...a memorable experience"
"Top quality training and fun environment"

CPD

Printed certificate of attendance for all delegates.

Why choose RCGP?

The RCGP is the professional membership body for General Practitioners in the UK and overseas. We are committed to improving patient care, clinical standards and GP training.

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