## Creating an Environment for Women to Thrive in Medicine Conference

Thursday 22nd - Friday 23rd September 2022 Everyman Theatre, Stratford Upon Avon

As an inspiring leader in healthcare, you are used to helping others and offering your knowledge, your time, your skills, and your energy

How do you replenish these important aspects involved in working at the top of your game?

Recharge, reset and connect with others who can inspire and energise you to carry on doing what you do best

It is our great pleasure to invite you to the first Women in Medicine International Network Conference in partnership with the Newson Health Menopause Society



Kicking the event off, our wellbeing experts will be offering a pick n mix of sessions on the first morning with everything from nutrition, fitness, yoga, skin and hair to personal growth. The afternoon's focus will turn to the workplace to discuss the challenges faced, issues of gender equality and diversity and creating an environment where individuals can thrive in healthcare

You are also warmly invited to join Dr Louise Newson, Dr Kate Stannard, Dr Helen Burdett, Dr Rebecca Lewis, Carolyn Harris MP, Kate Muir and others for dinner and drinks in the evening in the beautiful Georgian listed building, Winton House.

On day 2, sessions will inspire action towards change, offer specialist legal and pension advice, and focus on looking after both your physical and mental health as healthcare providers

## Booking Information

We hope this unique event will provide a fantastic opportunity for new connections to be made between leading female figures in healthcare and catalyse action towards positive change for all women

## <u>Ticket Breakdown</u>

Conference only = £200 Conference and networking drinks & food = £235

Purchase your tickets here



## Hotel Information

We have acquired a discount for Hotel Indigo which is a 4 minute walk from the Everyman Theatre and a 2 minute walk from Winton House, where our dinner and drinks will be hosted

Bookings with the Hotel Indigo will need to be made using the discount code 'NH1' to the hotel at the phone number 01789 279953

Should you wish to stay at an alternative hotel in Stratford-Upon-Avon, please email education@nhmenopausesociety.org for our recommendations

